RESOLVING
CHALLENGING BEHAVIOUR

Certificate of completion

CECILIA KARLSTRÖM

Completed the course "Resolving Challenging Behaviour" hosted by ILLIS ABC

Students learn about the two types of behavioural challenges that animal caregivers are often confronted with – as well as diverse ways of addressing as well as preventing them. We discuss how moods influence perception, decision making and behaviour, and various ways to help bring about a change in the animal's overall mood state, primarily through different forms of enrichment. We also go deep into different types of exposure techniques (habituation, systematic desensitization, counterconditioning, masking, removing inhibitors, biofeedback etc) to address and change the animal's emotional reaction to the actual triggers. We explore various operant techniques (antecedent strategies, non-contingent reinforcers, DRAs, DRIs and DROs, as well as the Matching Law and Premack Principle), the difference between operant and respondent extinction, and much more. Each of the ten modules contains 1-2 Deep Dive chapter discussing a single topic in some detail, for instance stereotypies, functional analyses and separation anxiety. There's a whole module discussing the fallout of punishment in nerdy detail. This course is multidisciplinary, viewing challenging behaviour from the ethological, affective, and behaviour analytical perspective. It contains 10 Bonus Case studies in the form of interviews with renowned experts.

Course length: approximately 25 hours + 6 hours Bonus Case Studies

February, 2024

Karolina Westlund, PhD

ILLIS Animal Behaviour Courses